



Dame Mirage

Advanced Skin Care

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Instructions for Using Presentation

On the next slide you will see the table of content.

Each entry in the table is hyperlinked to the slide containing the required information. When you click on the table of content entry, you “will jump directly to the slide(s) containing information you want to see.

On each slide you will see in bottom right corner button “Table of Content”. If you “click” on that button you will get back to the table of content where you can make your next selection.

When you see in slide header number 1 in brackets (1), it means there is more than one slide with the information. In that case just click on slide, enter or right arrow to get to the next slide.



Table of Content

[About](#)

[What Makes Our Product Unique](#)

[Prebiotics](#)

[Probiotics](#)

[Your Digestive System Is the First Line of Defense and Health](#)

[Certificate](#)

[Components and Treatment](#)

[Preparing the Substance](#)

[Appliance](#)

[Post – Appliance Care](#)

[Capsules](#)

[The Healing Process](#)

[Diet](#)



About

The product contains 100% Ascophyllum Nodosum marine algae (brown seaweed) extraction.

Our most important scientist discovered a way to unlock the cell structure of our key ingredient, brown seaweed, while leaving its nutritional content intact. The open cell structure allows the release of natural nutritional elements, trace minerals and a wealth of amino acids that the body cannot produce, but are essential to restoring it and maintaining good health.

The prebiotic properties and the seaweed's open cell structure are the core ingredients of all our products. They provide many nutritional elements the body needs. The oxygen levels in the blood increase which leads to more energy and proper functioning organs. This mineral-rich food contains the right balance to keep the body's alkaline / acid balance. It is known to remove pollutants and toxins including heavy metals thanks to a unique range of simple carbohydrates called oligosaccharides. It is also known to promote better food absorption to keep our bodies clean. This has a direct affect on keeping your blood and kidneys clean from free radicals.





What Makes Our Product Unique

The secret of unlocked cell structure and the beneficial prebiotic content within the algae makes our products outperform any other product known in the market. Product composition is truly unique. Its organic nutritional content is in a natural balance. Upon consumption, your body interacts with the our product and goes through three phases of rejuvenation. Each phase depends on what state your body is in and the diet that you are exposed to.

1. ACTIVATION

The organic iodine present in *Ascophyllum nodosum* helps your thyroid produce hormones to invigorate/ regulate your metabolic rate. Here, your organs such as your kidney and your liver are activated to improve your metabolic rate and begin to increase your energy.

2. DETOX / CLEANSE

Once your metabolic rate is active, through the Oglisosacharrides present in the *Ascophyllum nodosum*, your body increases the activity of healthy bacteria needed in your intestine. This also continues to stimulate your metabolism. Your body starts to work hard stripping all heavy metals and toxins from your body. At this stage, many people find themselves frequenting the toilet. This is a good sign as your body is expelling all unwanted toxins leaving your blood in a clean, more fluid state. In this phase, your blood pressure stabilizes, your blood cholesterol stabilizes and energy continues increase.

3. REGENERATION

Once phase 2 is complete, your body is in a clean state. The rich nutrient content present in the *Ascophyllum Nodosum* is now easily accessible for your body to nourish your cells, rejuvenate and replenish. Our technology unlocks the cell structure to allow your body to absorb more nutrients that it previously was unable to access. Here, your cells are kept in premium state, your hair and skin cells improve, your muscle development increases, your stamina increases your mental awareness improves and your immune system improves.

Regular use will see your body fluctuate between the benefits of phase 2 and phase 3. we recommend a balanced healthy diet and lifestyle to feel the full effect of our products.



Prebiotics

Prebiotics are very specific non-digestible fiber that is very important for the growth, strength and cultivation bio-cultures in our gut that we have come to know as probiotics. They are not affected by heat, cold, acid or time and not absorbable by the human system. Probiotic bio-cultures are already in your system and rely on regular consumption of prebiotics to ensure that they are strong and healthy to help your body perform its best. Difference between Prebiotics and Probiotics:

PREBIOTICS

PREBIOTICS are a special form of dietary fiber

PREBIOTICS are not affected by heat, cold, acid or time.

PREBIOTICS provide a wide range of medically proven health benefits to the otherwise healthy person.

PREBIOTICS nourish the good bacteria that everyone already has in their gut.

PREBIOTICS may be helpful or preventative for irritable bowel, inflammatory bowel disease and those people with a leaky gut.

Probiotics

PROBIOTICS are live bacteria in yogurt, dairy products and pills. There are hundreds of probiotic species available. Which of the hundreds of available probiotics is best is still unknown.

PROBIOTIC bacteria must be kept alive. They may be killed by heat, mostly by stomach acid or simply die with time.

PROBIOTICS are still not clearly known to provide health benefits to the otherwise healthy.

PROBIOTICS must compete with the over 1000 bacteria species already in the gut and must be kept alive, which is almost impossible due to stomach acid.

Certain PROBIOTIC species have been shown to be helpful for irritable bowel disease.



Your Digestive System Is the First Line of Defense and Health

A strong and healthy digestive system is the best preventative for illness and disease including cancer. Here is the list of benefits from prebiotics:

- Stimulate growth of bifid bacteria and lactobacilli in the gut
- Increase metabolic activity
- Reduces eczema. According to the US National Library of Medicine, Prebiotics have known to reduce the incidence of allergic symptoms such as atopic eczema, a reoccurring non-infectious inflammatory skin condition affecting 1 in 3 Australasian.
- Help to improve symptoms of IBS and leaky gut syndrome
- Help treat people with Cohn's disease and Ulcerative Colitis
- Boost your immune system
- Treat Celiac Disease
- Increase iron and magnesium absorbency
- Increase bone density



Certificate

Approved by FDA (The Food and Drug Administration), FSA (Food Standards Agency), European Community EEC 2381/94 and EG 8342007, EG8892008. Approved by the Vegan Society, Vegetarian Society. Approved and prescribed by ION and BANT nutritionists, BHMA and NIMH Medical Herbalists and NHS dieticians. Since their introduction Ascophyllum nodosum has been Certified Organic.



Components and Treatment

To accomplish full care of your body and skin we advise to combine the external and internal appliance of our product. For that reason we advise to combine our spray treatment (external) and the capsules (internal treatment).

While the spray will improve your microbiological activity on your skin and remove the toxins, the capsules will improve your digestive system and assure that the toxins are not delivered to the skin via your digestive system.

It will be unproductive to treat your skin against the toxins and at the same time consume the food containing excessive acids and toxins, therefore we advise to consider the healthy food during the treatment as will be stated in follow up slides.

Once your skin is clean and healthy, you can stop with the external treatment (spraying), but we **STRONGLY** recommend to continue with the capsules, not only to protect your skins, but you will also observe positive difference in your overall digestion, health, mood, skin, immunity, etc. Microbiological activity triggered with our product will keep your body in balance.

Preparing the Substance

WARNING: Always put concentrate in the water and not water on concentrate!

Prepare the mixture of concentrate with water in ratio 1:100

Water	Concentrate
10 ml (1 cl, or 0,1 dl)	0.1 ml (2 drops)
50 ml (5 cl, or 0,5 dl)	0,5 ml (10 drops)
100 ml (1 dl)	1 ml (20 drops)
200 ml (2 dl)	2 ml (40 drops)
250 ml (2,5 dl)	2,5 ml (50 drops)

Once

mixture is

WARNING: Once the concentrate is mixed with water it MUST be used within 48 hours! What is left in the bottle after 48 hours throw away and prepare new mixture. After 48 hours the mixture will not hurt your skin, but it will have reduced or no effect.

WARNING: Keep the product on temperatures below 30° Celsius. The product will freeze on -5 ° Celsius. Low temperature are no issue. You can freeze the product , defreeze it and use it. Product properties will not change.

WARNING: If the product gets in touch with water it will loss it's effect within 48 hours. Therefore in case of dosing with pipette make sure there is no water in the pipette.

Product shelf lifetime is minimum 24 months in original packaging and is printed on the package.

Appliance

Spray the mixture on the irritated skin:

- Make sure your spray bottle has a very good dispersion ability (in a foggy manner).
- Dependent of the spray bottle, spray it from distance 10 – 20 cm.
- Spray the irritated places in foliar manner just to cover the irritated place and some area around it. Cover your skin with the mixture good, but not too much, so don't look to see the drops of the mixture on your skin or see the mixture liking – simply the thin layer of mixture.
- Let the substance dry on it's own.
- If irritated skin is under your hair, the process is still the same: spray the mixture on your hair to make it wet (not to much – no drops or liking) and let it dry naturally, so don't use the hair driers.

Post – Appliance Care

Try to keep the irritated place moist as much as possible.

Ask in the pharmacy or your doctor for advice for the right tonic or the cream.

It must not contain the corticosteroids or the parabens. Best would be some kind of baby cream/lotion.

Capsules

Take 3 times per day 1 capsule. It is best to take them after the meal.

Use at least 2 dl of the slightly heated up water, **not the cold water.**

After your skin is clean, it is advisable continue using the capsules in slightly reduced dosage 2 times per day.

This will assure continuity in your skin (and overall body) care and reduce the possibility for the irritations to manifest again.

The capsules will continuously remove the toxins from your body and balance your pH level.

The Healing Process

At the beginning of the treatment the skin will first get (more) irritated.

That does not mean it got worst. It means that detoxication and the cleaning process in the body has started.

After continuing using the same treatment for few days the improvements will start and will lead to the desired results.

Diet

It is strongly advisable to take care about your diet during the treatment.

GOOD:

All milk products, white meat, cooked/boiled beef, fresh or frozen fish, light vegetables. As replacement for fresh fruits it is recommended to consume lots of apple compote.

AWOID:

Sausages (except diet sausages), red meat (including smoked), vinegar, wine, citrus fruits, berries, fresh apples, coffee, chocolate, cocoa, honey, legumes, all kind of cans (including fish). It is also recommended to avoid cigarettes and alcohol, or anything that would make your body toxic or acid.